



COVID-19 FOOD AND NUTRITION SERVICES

IMMEDIATE FOOD ASSISTANCE

The **North County Food Bank** and **San Diego Food Bank** collaborate with over 200 nonprofit organizations across San Diego County to provide families in need with groceries.

Phone: 1-866-350-3663

Web: <https://my211.force.com/s/service-directory?code=BD>

Public school districts across San Diego County continue to provide daily meals to students in need. Students may visit participating locations to receive meals available for pick-up only. For specific times, days, and addresses of distributions, please visit the **San Diego County Office of Education** webpage. <https://www.sdcoe.net/news/Pages/20-03-13-student-food-service-during-district-closures.aspx>

- **Carlsbad Unified School District:** Carlsbad Village Academy and Carlsbad High School
- **Encinitas Union School District:** Ocean Knoll Elementary School
- **Oceanside Unified School District:** Oceanside High School, El Camino High School, Mission Elementary, Libby Elementary, San Luis Rey Elementary, and North Terrace
- **San Dieguito Union High School District:** Earl Warren Middle School and San Dieguito Academy
- **Vista Unified School District:** Roosevelt Middle School, Grapevine Elementary, Foothill Oak Elementary, Rancho Buena Vista High School, and Vista Adult Transition Center (VATC)
- **Charter Schools**
 - **Oceanside:** Scholarship Prep
 - **Vista:** Guajome Schools and Bella Mente Academies

CALIFORNIA CALFRESH PROGRAM

CalFresh provides monthly food benefits to help buy nutritious foods. Individuals who have recently lost jobs or are not earning pay can apply for CalFresh benefits and receive up to \$194 per household member a month. For information on eligibility, benefits, and additional resources, please visit the San Diego County Health and Human Services webpage or call the **Phone:** 1-877-847-3663

Web:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/ssp/food_stamps.html

On March 18, 2020, Governor Gavin Newsom issued an executive order, which protects important safety net programs during the COVID-19 outbreak. The order waives eligibility re-determinations for 90 days so recipients of CalFresh and other programs can continue receiving services without interruption. <https://www.gov.ca.gov/2020/03/18/governor-newsom-issues-executive-order-to-protect-ongoing-safety-net-services-for-most-vulnerable-californians-during-covid-19-outbreak/>

Beginning April 28, 2020, CalFresh recipients will be able to utilize their EBT card to purchase groceries online at Amazon or Walmart. <https://www.cdss.ca.gov/ebt-online>



COVID-19 FOOD AND NUTRITION SERVICES

WOMEN, INFANTS, AND CHILDREN (WIC)

Administered by the **California Department of Public Health (CDPH)**, WIC provides low-income pregnant and post-partum women, infants, and children up to 5 years of age with supplemental foods to help meet special nutritional needs. To apply, or for information on receiving benefits during the COVID-19 outbreak, please visit the CDPH webpage.

<https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/WICFoods.aspx>

WIC Clinic Locator

<https://m.wic.ca.gov/Clinics/ClinicLocator.aspx>

SENIORS

The **San Diego County Health and Human Services (SDHSS)** offers home-delivered meals to seniors aged 60+ who are homebound due to illness or disability. Those who are aged 65+ and affected by the public health order to self-quarantine are encouraged to contact their local nutrition site for eligibility and meal availability.

Phone: 800-339-4661

Web: https://www.sandiegocounty.gov/content/sdc/hhsa/programs/ais/nutrition_services/home-delivered_meals.html

- **Carlsbad:** Carlsbad Senior Center
- **Oceanside:** Oceanside Senior Center
- **Vista:** Gloria G. McClellan Center

Meals on Wheels offers up to two meals a day to seniors aged 60+, caretakers of seniors, and disabled veterans of any age who have the ability to contribute a small amount.

Phone: (760) 736-9900

Email: northcountymeals@meals-on-wheels.org

Web: <https://www.meals-on-wheels.org/meals>

VETERANS

The **Veterans Association of North County (VANC)** hosts monthly drive-thru food distributions to all active duty military, veterans and their families. Registration to receive goods is open online. <https://www.vanc.me/food>